#### "Gimme Gimme" Riff in 12 Keys

with apologies to ABBA



### Low Register Tone Workout

Adapted from Amy Porter's version of Samuel Baron's Low Register Exercise













## "Expanding Scale" Vocalise

Piccolo Warm-Up





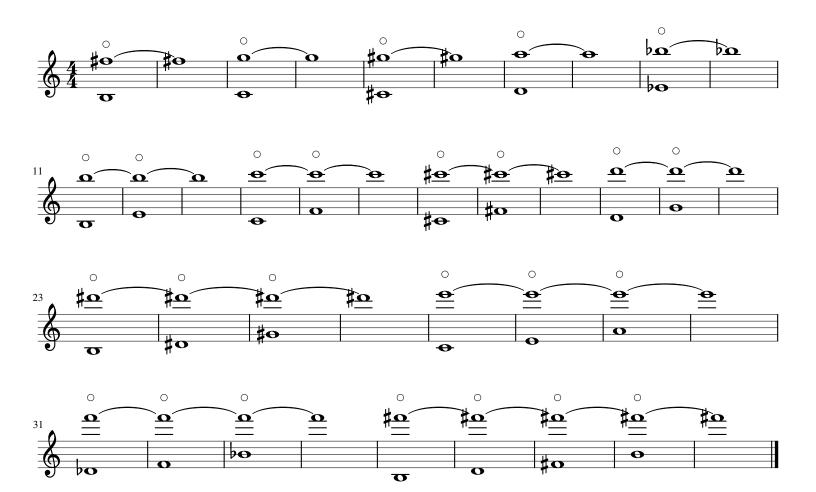






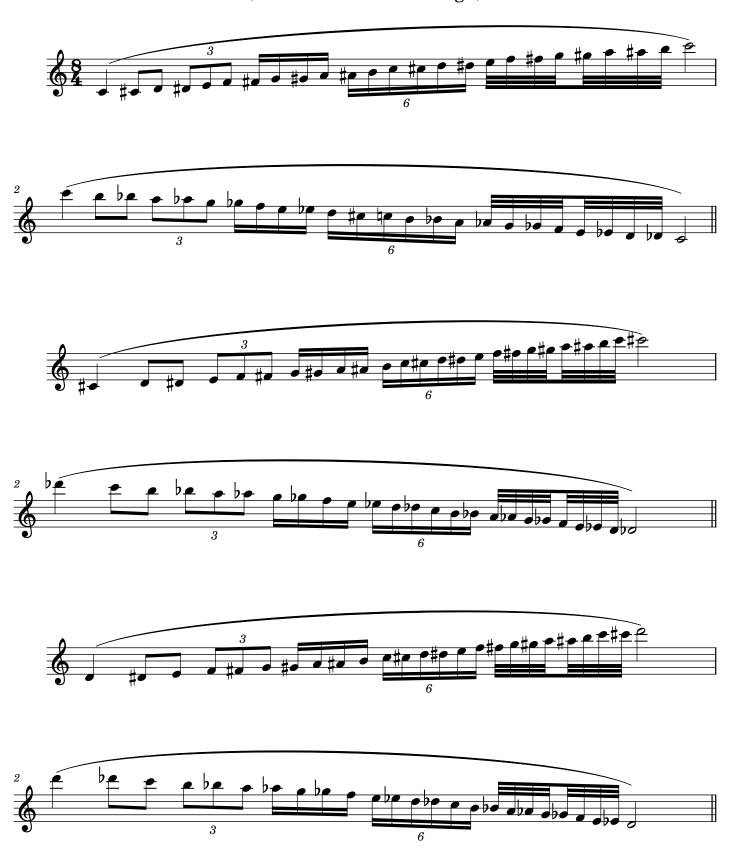


## Flute Harmonics Exercise



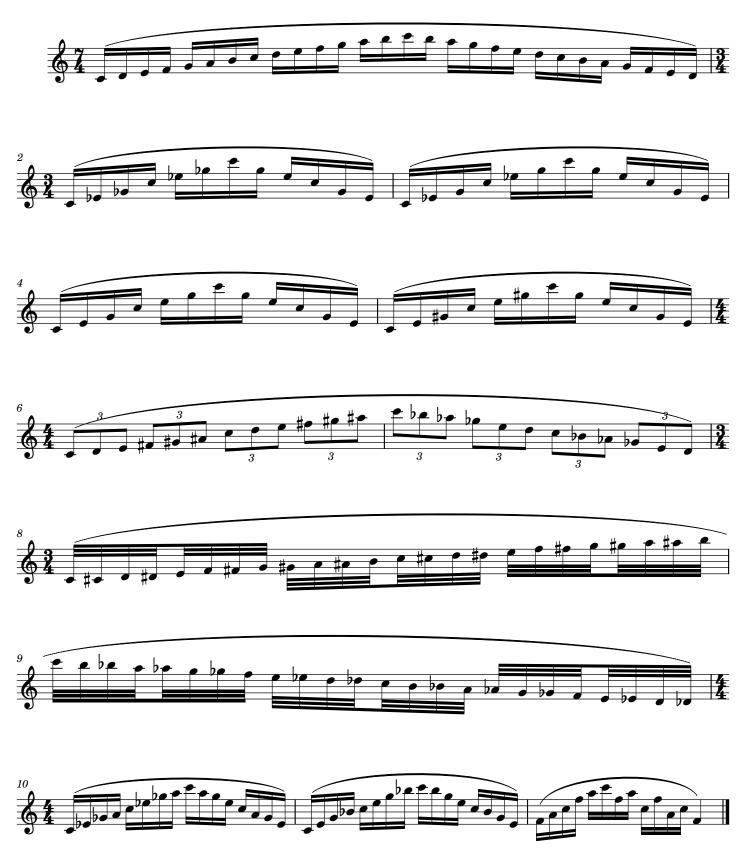
#### "Composed Accelerando" Chromatic Scales

(thanks to Aralee Dorough)



#### "Everything but the Kitchen Sink"

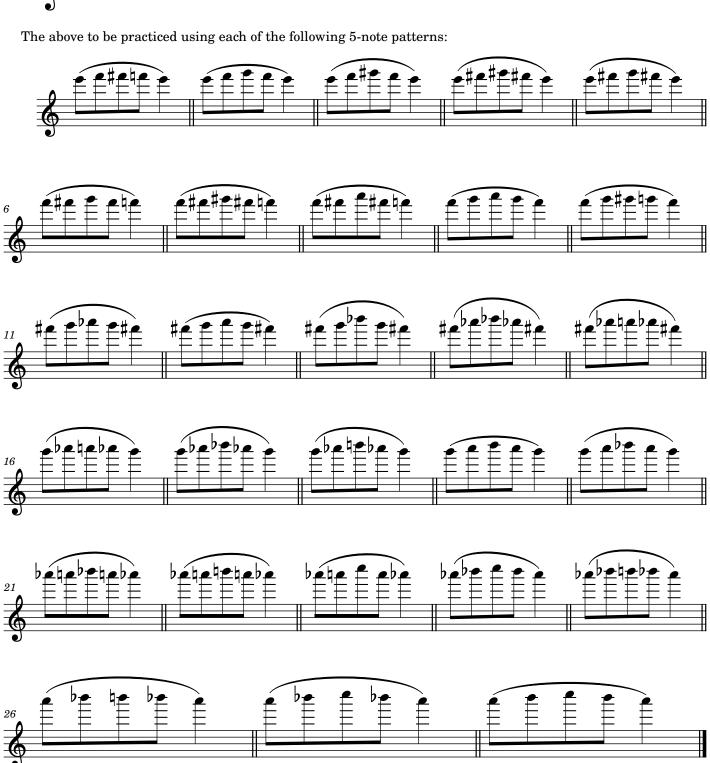
adapted from Walfrid Kujala's "Vade Mecum"



## High Note "Scale Tops"

Inspired by Geoffrey Gilbert





# 7 The World's Greatest Double Tongue Exercise

(Start slower - work up to these tempi over time)

(Thank you, Gary Garner!)

(Increase tempo on each line by 5-10 bpm.)

Choose ANY scale - play each line on each note of the scale, then increase tempo and move to next line.

